



# ***Modvel Ankle Brace***

COMPRESSION SLEEVES

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***USER MANUAL***

# ARE YOU READY?

Our company is dedicated to providing high-quality products that help people improve their physical performance and relieve pain. We believe in the power of technology and innovation to make a positive difference in people's lives.

Welcome to the Ankle Brace Compression Sleeve User Manual. Our Ankle Brace Compression Sleeve is designed to provide medical-grade compression to help improve circulation, relieve pain, and support your feet & ankle during physical activity. Whether you're a professional athlete or just looking to stay active, our Ankle Brace Compression Sleeve will help you perform at your best.

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# PRODUCT FEATURES



## Medical-grade compression (Compresión de grado médico)

Designed to provide optimal compression to improve circulation and support the ankle joint. This helps to reduce inflammation and relieve pain.



## Improved circulation (Mejora de la circulación sanguínea)

The compression helps to increase blood flow to the ankle, bringing oxygen and nutrients to the area to help speed up injury recovery.



## Pain relief (Alivio inmediato del dolor)

The compression helps to relieve ankle pain, whether it's due to injury, arthritis, or other conditions.



## Breathable material (Material de tela transpirable)

The sleeve is made from a breathable material that wicks away moisture, keeping you cool and dry during physical activity.



# WHY USE ANKLE BRACE?



## Improved athletic performance

(Mejora del rendimiento atlético)

The compression and support provided by the Ankle Brace Compression Sleeve can help improve your athletic performance by reducing pain and inflammation.



## Faster injury recovery

(Recuperación más rápida de las lesiones)

By improving circulation and reducing pain, the Ankle Brace Compression Sleeve can help speed up injury recovery.



## Reduced knee pain for daily activities

(Reducción del dolor en la rodilla en actividades diarias)

Whether you're going for a run or just doing household chores, the Ankle Brace Compression Sleeve can help relieve ankle or foot pain, allowing you to stay active and pain-free.

# DESIGN & COMFORT

The Ankle Brace Compression Sleeve features a sleek and ergonomic design, making it comfortable to wear for extended periods of time.



## Anti-slip silicone strip

(Compresión de grado médico)

ensures that the sleeve stays in place during physical activity



## Moisture-Wicking Fabric

(Compresión de grado médico)

keeps you cool and dry all day and night.



# EASY TO FIT



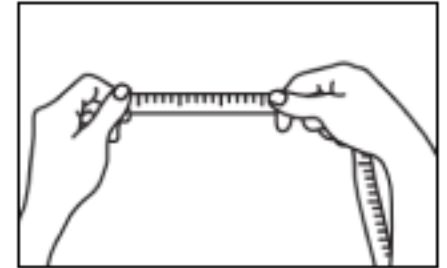
Step 1: Sit down and place your foot on a flat surface

Paso 1: Siéntate y coloca tu pie sobre una superficie plana.



Step 2: Take a flexible measuring tape and wrap it around the narrowest part of your ankle, just above the heel bone. Make sure the tape is snug but not too tight.

Toma una cinta métrica flexible y envuélvela alrededor de la parte más estrecha de tu tobillo, justo por encima del hueso del talón. Asegúrate de que la cinta esté ajustada pero no demasiado apretada.



Step 3: Make sure the tape is level and not too tight or loose and Take note of the measurements in inches or cm

Paso 3: Asegúrate de que la cinta esté nivelada y no esté demasiado apretada o suelta. Toma nota de las medidas en pulgadas o cm.

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To get the accurate measurement, you may contact us or visit our website to get the best fit.



+1 (805) 517-4839

call or message us on whatsapp

[support@modvel.com](mailto:support@modvel.com)

or send us an email

[www.modvel.com/sizing](http://www.modvel.com/sizing)

or visit our website

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## Find your fit here

ANKLE SIZE	IN INCH	IN CM
S	9.45" - 11"	24 - 28cm
M	11" - 12"	28 - 30.5cm
L	12.2" - 13"	31 - 33cm
XL	13" - 14"	33 - 36cm
XXL	14.2" - 15"	36 - 38cm
XXXL	15"-16.2"	38 - 41cm

Size up for **less compression**

Size down for **more compression**



## USER TESTIMONIALS

"I've had chronic ankle pain for years. The moment I tried this compression sleeve, I felt a significant reduction in discomfort. It's been a game-changer for my daily walks. Highly recommend for those seeking pain relief."



"As a regular runner, finding the right ankle support is crucial. This sleeve provides excellent stability without being restrictive. I've noticed fewer sprains since using it. A must-have for active individuals."



"I've tried many sleeves, but this one stands out for its comfort. It's snug yet breathable, feeling like a second skin. No itching or irritation, just pure comfort combined with great functionality."



## MORE COLORS AVAILABLE FOR YOUR DAILY STYLE!



## RECOMMENDED USES

The Ankle Brace Compression Sleeve is recommended for a variety of activities, including running, cycling, basketball, and other high-impact sports. It is also great for daily activities such as household chores and gardening.



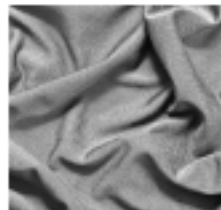
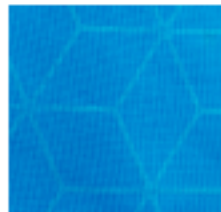
## SAFETY INFORMATION

The Ankle Brace Compression Sleeve is made with Nylon, Spandex, and Latex material and has been FDA-approved for safety and effectiveness. If you experience any discomfort while wearing the sleeve, please remove it immediately and consult with a medical professional.

Note: This user manual should be kept with the product for reference. If you have any questions or concerns, please contact us directly at [support@modvel.com](mailto:support@modvel.com)

La manga de compresión para Tobillo está hecha de materiales Nylon, Spandex y Latex y ha sido aprobada por la FDA para la seguridad y eficacia. Si experimenta cualquier incomodidad mientras usa la manga, retirela inmediatamente y consulte a un profesional médico.

Nota: Este manual del usuario debe guardarse con el producto como referencia. Si tiene alguna pregunta o inquietud, contáctenos directamente en [support@modvel.com](mailto:support@modvel.com).





## CARE INSTRUCTIONS

To keep your Ankle Brace Compression Sleeve in top condition, machine wash in cold water and hang to dry. Avoid using fabric softeners or bleach, as these can damage the material and affect the compression properties of the sleeve.

Para mantener tu manga de compresión para Tobillo en óptimas condiciones, lávala en agua fría en la lavadora y cuelga para secar. Evita usar suavizantes de telas o cloro, ya que estos pueden dañar el material y afectar las propiedades de compresión de la manga.

# ARE YOU READY FOR MORE?

Modvel is known for making a positive difference in people's lives, one product at a time.



## KNEE BRACE COMPRESSION SLEEVES

- ✓ Knee Pain Relief
- ✓ Reduce Joint Pressure
- ✓ Full Knee Support
- ✓ Comfort All Day



## Back Brace for Lower Back Pain and back support.

- ✓ Back Pain Relief
- ✓ With Extra Lumbar Pad for support
- ✓ Quality Fabric
- ✓ Designed for All Day Comfort



## Elbow Brace - Compression Support

- ✓ For Elbow Pain & Injuries
- ✓ Supportive, non-restrictive
- ✓ Lightweight & Breathable
- ✓ All-Day Use



## Knee Brace w/ Side Stabilizers & Patella Gel Pads

- ✓ For Knee Joint Pain & Injuries
- ✓ Maximum Knee Comfort
- ✓ Gel Pads for Optimal Support
- ✓ Knee Joint Protection



## Back Braces for Lower Back Pain Relief with 6 Stays

- ✓ Lower back support
- ✓ Relieve pain in your lumbar spine
- ✓ Designed to correct posture
- ✓ Supportive 6 support stays



## Gel Enhanced Seat Cushion with True High Density Memory Foam.

- ✓ Pain Relief
- ✓ Reduce Pressure on Tailbone
- ✓ Portable: Use Anywhere & Anytime

**REGISTER YOUR PRODUCT NOW**  
**ENJOY LIFETIME WARRANTY**



You may visit our website or scan the QR code within 90 Days of purchase to avail this [limited-time offer.](#)

**Website:**

<https://www.modvel.com/pages/product-registration>