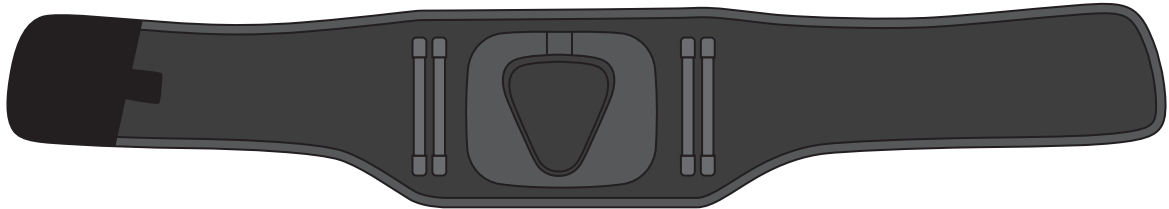
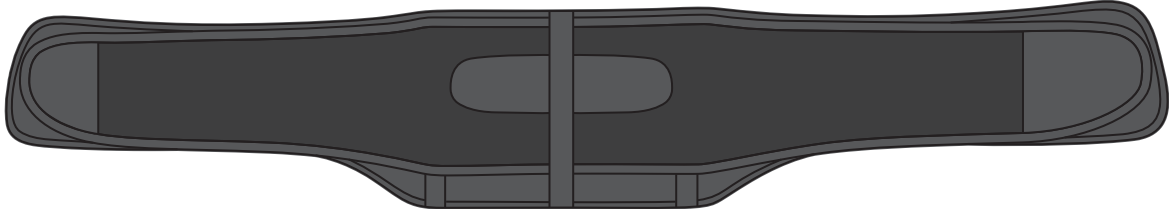


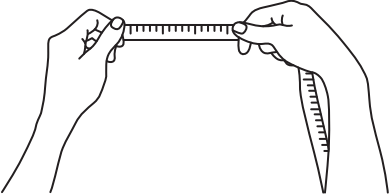
## MODVEL Back Brace

Immediate pain relief Back Brace for Men & Women

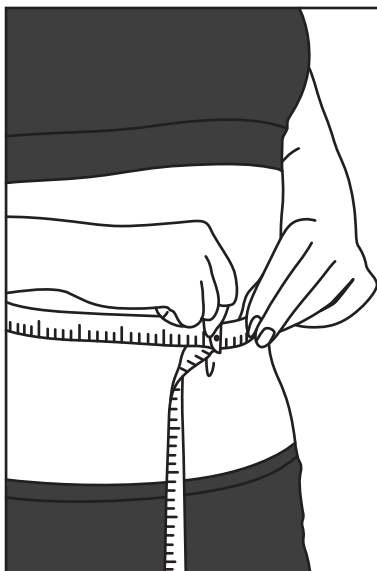
### Easy User Guide



#### SIZE CHART

 <p>Use a Measuring Tape to measure your thigh circumference</p>	SIZE	WAIST (in)	WAIST (cm)
	S/L/M	28" - 41.3"	75cm x 105cm
	XL	41.3" - 45.3"	105cm - 115cm
	XXL	45.3" - 50"	115cm - 125cm
	PLUS SIZE	50" - 63"	125cm - 160cm

#### How to Measure:

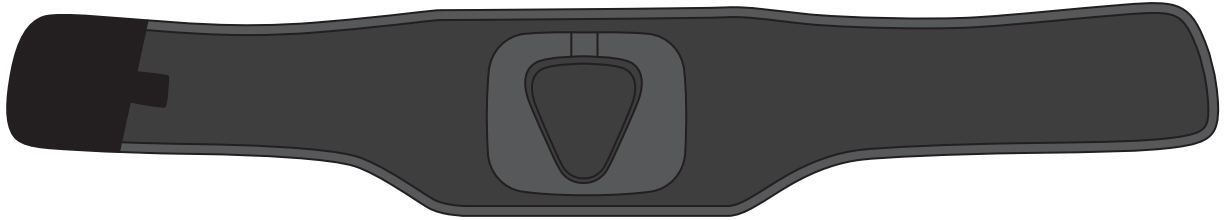


## Choose Your Size

Measure the circumference of your navel and keep breathing normally to choose your size

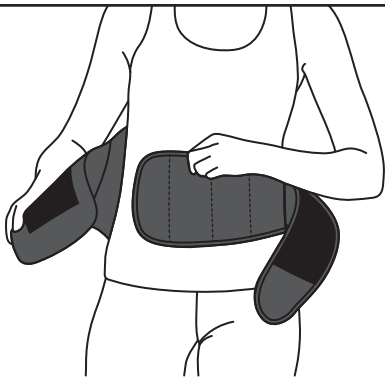
## How to Wear:

### Step 1



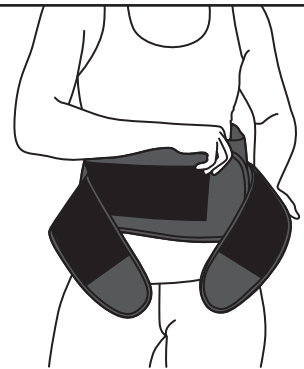
Center the lumbar pad on the fabric pad on the inside of the brace

### Step 2



Wrap the inner elastic band around your back and attach the end in front

### Step 3



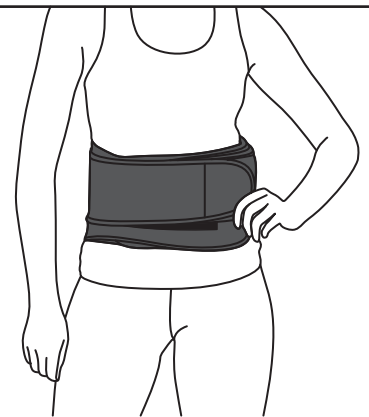
Detach the outer elastic straps. Wrap the inner elastic band around your back and attach the ends in front

### Step 4



Close the left-hand outside strap to the black area of the inner band

### Step 5



Close the right-hand outside strap to the white area of the left-hand strap

## Washing Instructions:

1. Hand wash with mild soap in cold water, then air dry in natural condition.

2. Do not use hot water.

3. Do not use machine wash.

4. Do not dry it in the sun